



Digestive Specialists, Inc.
Digestive Endoscopy Center, LLC
www.digestivespecialists.com

2 Day MoviPrep Instructions

Please read these instructions thoroughly to ensure a successful preparation for your procedure.

Date _____ Time of Arrival _____

- Sugarcreek Twp.** 4340 Clio Road
- Dayton** 1530 Needmore Road, Suite 100
- Huber Heights** 5697 Shull Road
- Springboro** 77 W. Eleanor Drive
- Miami Valley Hospital** One Wyoming Street, Dayton, 45409
- Kettering Medical Center** 3535 Southern Boulevard, Kettering, 45429

Colonoscopy Prep

1. MoviPrep Solution
 - prescription required
 2. Dulcolax (bisacodyl) Laxative
 - 2 tablets
- 1 bottle of Magnesium Citrate (only if checked)

You are scheduled with Dr. _____

The Medical Assistant may be reached at _____.

After 5:00 PM or on weekends, call (937) 534-7330 to page your doctor.

Important Information

- For 7 days prior to your procedure stop taking iron supplements.
- For 3 days prior to your procedure drink plenty of fluids to hydrate yourself.
- Take heart, blood pressure or seizure medications with a small amount of water up to 2 hours before your procedure.
- Complete the entire preparation per the instructions on the back. If you get nauseated or vomit when drinking the prep and you have not finished the entire dose:
 - Stop drinking any further prep or liquids for the next hour until nausea/vomiting has subsided, then restart drinking it until finished.
 - If you still cannot finish the prep, please call us at the number listed above.
- Bring a licensed driver. You will not be allowed to drive home.
- You may *not* take a cab alone.
- Do not smoke on the day of your procedure.



On _____ (Two days prior, only if box is checked)

- ☐ • Drink 1 bottle of Magnesium Citrate (over the counter) at 6 pm

On _____ Day before your procedure)

- Begin clear liquid diet as instructed on the right. ⇒
- Do not eat any solid foods until after your procedure is completed
- Drink as much clear liquid as you can all day in order to remain well hydrated.
- At 12:00 NOON, take 2 Dulcolax tablets
- At 4:00 PM mix 1 *Pouch A* and 1 *Pouch B* into the disposable container provided. Add lukewarm drinking water to the top line of the container. Mix to dissolve. *To drink cold, mix and refrigerate up to 4 hours prior to drinking.*
- Between 4:00PM - 5:00PM drink the full liter of prep solution.

Clear Liquids Diet (Liquids you can see through)

- *Gatorade is preferred*
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea or coffee - *No cream*
(May have sugar)
- Hard candies
- Soda pop
- Jell-O or popsicles
- Nothing red or purple
- Nothing alcoholic
- No protein drinks or smoothies

2nd Half of MoviPrep- Even if you are passing clear liquid the night before, you still need to complete the prep.

On _____ at _____ AM/PM (6 hours before your arrival time)

- Mix 1 *Pouch A* and 1 *Pouch B* into the disposable container provided. Add lukewarm drinking water to the top line of the container. Mix to dissolve. *To drink cold, mix and refrigerate up to 4 hours prior to drinking.*
- Drink the full liter of prep solution over the next hour.

After completing the second part of the prep: Do not drink anything. Do not chew gum or eat hard candy.

