



Digestive Specialists, Inc.
Digestive Endoscopy Center, LLC
www.digestivespecialists.com

AM EUS Prep Instructions

You may need special instructions. Please let us know if you:

- Are taking **Coumadin, Plavix** or any other blood thinner
- Are **Diabetic**
- Had a **Heart Attack** or **Stroke** in the past six months
- Have an **Artificial Heart Valve** or **Heart Defibrillator**
- May be **Pregnant**

Date _____ **Time of Arrival** _____

- Springboro 77 W. Eleanor Drive Kettering Hospital 3535 Southern Boulevard
 Miami Valley Hospital 1 Wyoming Street

You are scheduled with _____. The Medical Assistant, _____ may be reached at _____. After 5:00 PM or on weekends, call (937) 534-7330 to page your doctor.

Bring a licensed driver. You will not be allowed to drive home. You may not take a cab alone.

Prep Instructions - Please read line by line to ensure a successful preparation

- Do not eat after **7:00 pm**
- You may have clear liquids from **7:00 pm** until midnight
- Do not drink anything after midnight. Do not chew gum or eat hard candy.

Important Information

- Take heart, blood pressure or seizure medications with a small amount of water up to 2 hours before your procedure.
- **Bring a licensed driver.** You will not be allowed to drive home. You may *not* take a cab alone.
- After your procedure:
 - Restart all medications as prior to the procedure unless otherwise instructed by your doctor.
 - Resume your usual diet unless otherwise instructed by the doctor.

Clear Liquids Diet

- **Gatorade is preferred**
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water, tea or coffee without cream
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**